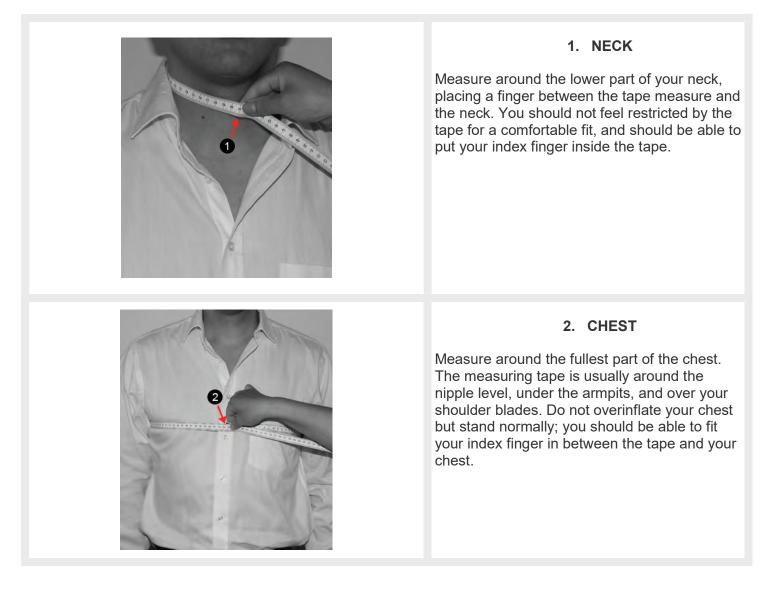
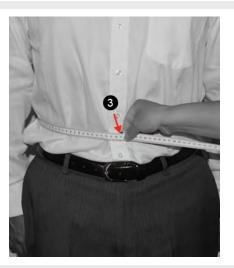
# **Body Measurements**

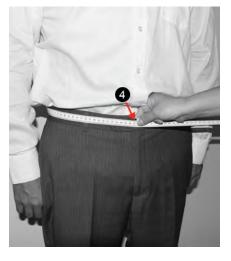
(Ask a friend for help or have your local tailor measure you based on our guide. Please note that our tailor will need to add allowances to your body measurements depending on your body profile.)





### 3. STOMACH

Measure around the widest part of your abdomen, placing a finger between your body and the tape. Make sure the tape is at the same height at all times. The widest part of the abdomen usually coincides with the belly button. Do not hold your stomach in.



### 4. WAIST

Wearing trousers and a shirt put the measuring tape around your waist at the height were you would wear your pants and adjust to your designed snugness with room for a finger. Make sure the tape is snug and does not ride over the waistband but you should be able to put your index finger inside the tape.

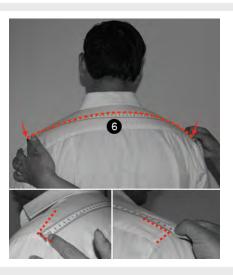
As a guide, this measurement will be about 2 inches above what you take off-the-rack as they like to flatter, but unfortunately we need real measurements.

#### 5. HIPS

Wearing trousers, measure around the fullest part of your hips, placing a finger between your body and the tape. Make sure the tape is straight at all times.

Make sure your pockets are empty and the tape is not restrictive. As a guide, you should not make the tape too snug. You only just be able to feel the tape when measuring.







Measure across the top of the shoulder from one edge to the other. Ensure you take the curved contour over the top of the shoulders as shown.

Wearing your best fitted shirt or suit measure up to the shoulder seams.

## 7. JACKET LENGTH

Measure from the highest part of your shoulder (where shoulder and neck seams meet) all the way down to the desired length, usually around the thumb joint. When measuring, adopt an upright position with both arms on your sides.

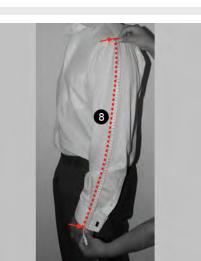
A shorter, trendier length, looks good when coupled with jeans, but is an acquired taste in a suit.

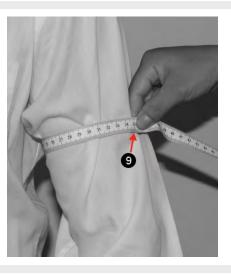




Wearing a shirt that you like, measure with arm at your side, from the shoulder's seam all along the arm until you find the desired length. Your measurement will be the length of your jacket sleeve.

We recommend that the sleeve should go to the base of your thumb (located at the **wrist joint**).







Measure around your upper arm at the widest point when flexed leaving one finger of space to take the measure.



# 10. WRIST

Measure around your wrist bone leaving one finger of space to take the measure.



#### **11. VEST LENGTH**

Measure from the lower point of the rear collar all the way down to the desired length, usually around the point where the vest covers your belt. When measuring, adopt an upright position with both arms on your sides.



#### 12. CROTCH

Measure from the top middle of the back pants waist (see point A) all along the crotch seam through your legs until the top of front waist (see point B)

Important: If you have any doubt, compare this measure with pants that fit you well.

## 13. THIGH WIDTH

Wearing trousers, empty your pockets then, Start at the top of your inseam, measure around your thigh with room for a finger.



## 14. PANTS LENGTH

Measure from the top of pants waist all along the side pant seam until the bottom of your pants or roughly 1 inch from the ground.

